



Work smarter, not harder!

Myofascial Strategies – Head, Neck & Shoulders (8 CE) will focus on the structure of Cervical, upper Thoracic spine, shoulder girdle, head and jaw, and how to improve dysfunctional postural patterns, enhance functional movement and ease myofascial tension.

Description: Myofascial Strategies – Core, Spine & Breath (14CE) presents the fundamental concepts and strategies of Synergetic™ Myofascial Therapy – SMT.

- Learn how to combine hands-on techniques with active movement from the client.
- Learn postural and functional assessments to better understand how to improve structure through specific applications of myofascial techniques.
- Learning these skills will help you sequence a customized SMT session for clients and can be integrated into your practice with ease.
- Learn to work with the body in a three dimensional way improving structural balance in gravity.

Magnus is a KMI graduate, he studied with Tom Myers, and a board certified Structural Integrator (CBSI) 500 hours. He is an Advanced Guild for Structural Integration Practitioner, where he studied the Rolf method with Emmet Hutchins. He is a graduate of Lillsved Sports Institute in Sweden (Human anatomy/exercise physiology, & therapeutic movement). He has worked with ATP tour tennis professionals, USIBC Ballet Dancers & Olympic Athletes, & was selected an official member of the 1996 Atlanta Olympics athletes medical team, as a sports MT. He has taught CE courses since 1999 in cities like: Chicago IL, New Orleans & Baton Rouge LA, Chicago, IL, Memphis, Nashville & Chattanooga TN, Mobile & Madison AL, Biloxi, Gulfport, Tupelo & Jackson MS, Destin FL & more.

Find me on Facebook:

<https://www.facebook.com/magnus eklund.71>.

<https://www.facebook.com/groups/202794126552247/>

For a video demonstration visit YouTube.com:

<https://www.youtube.com/watch?v=UvfZB-TX5FE>

<https://youtu.be/SJW5Bo0feh9>

<https://www.youtube.com/watch?v=78GxfTomC0Q>



"It's the fascia that envelops and crosses joints. Joints become the red flags; they tell you if and how something is wrong. You have to look for relationship, not only of joints, but within all of the mesodermal tissue. This will give you a more inclusive picture of what is going on in a body than if you look only at the muscles." –Dr. Ida P. Rolf

NCBTMB CE 450063-06 – Florida & Georgia 50-9284 - Louisiana LAP 122 - LCEU 1343 except 08/11/17 - Mississippi MAP 029 - Alabama

Cost: 8 CE: \$195 pre-sign up or \$210 at the door. 14 CE: \$ 249 or \$ 279. 18 CE: \$ 295 or \$ 325. Check/cash/credit cards

Call: (601)500-0337 for content information **Call: Soothing Arts – Von Keller for registration and payment**

Make check out to: Soothing Arts School - **Mail to:** Address below

Location: Soothing Arts Healing Therapies School of Massage & Skin Care – 12605 Emerald Coast Pkwy # 2 –

Miramar Beach, FL 32550 (850) 269-0820 – <http://www.soothingarts.com/>

Contact: Magnus Eklund: (601)500-0337 - MagnusE@aol.com - www.mindandbodyinc.com (To download a 2017 CE Schedule)

"Magnus's instructional style leads to that crystal clear moment we all hope for when investing in a hands-on massage CE seminar; that moment of revelation when one realizes this work just makes sense. Powerful and effective, this is something I can do to make a genuine difference in the well being of my clients. Magnus's three-part DVD series is an invaluable learning tool to use as a complement to his CE seminars." **Melissa K. Benson, LMT – LA 3406**

Bring: Shorts, bathing suit top, sports bra, tube top, sheets, lotion and a soft pillow. **Note:** This workshop is not meant to substitute for traditional medical care, nor diagnose medical conditions, nor manipulate bones, but to educate massage therapists on how to safely apply massage techniques on clients. Attendees understand that massage may cause soreness, & is not without injury risk. If you have health concerns, please consult your healthcare provider prior to attending. Hands-on participation is not required for CE credit, but attendance and observation is. We reserve the right to cancel the workshop for any reason. If you are not signed up, we cannot contact you in that turn of event. Verify CEU credits with your state board prior to attending. Magnus Eklund is working as Mind & Body Inc. and is a licensed massage therapist (MS144), and CEU provider for massage therapy. Magnus Eklund is not a Rolfer™, nor does he teach Rolfing™ & Structural Integration. Even though he has great gratitude to his teachers, Magnus does not claim to be certified to teach nor affiliated with any of his teachers nor with KMI. Magnus Eklund & Mind & Body Inc. are not responsible for future use of workshop techniques.