

**Working With Energy in Massage
with Maria Seller
Sunday May 27, 2017
9:00am – 4:00pm
8 Hands-On CEU's ~ \$100**

The intention of this class is for you to feel, play with and respect Energy, which is in all things, physical and non physical (thoughts are energy!)
You will learn ways to increase your stamina, peace, and harmony with others, as well as to decrease fatigue, fear and frustration. Lots of time for hands on work, giving and receiving, asking questions, sharing experiences and insights (which you are sure to have!)...and letting go!