

## Medical Massage Training Center Presents:

Medical Massage for Lumbar Strain/Sprain – June 30, 2019

Medical Massage for Thoracic Strain/Sprain – July 21, 2019

Medical Massage for Cervical Strain/Sprain – August 18, 2019

*Brett Pace of Medical Massage Training Center is offering these workshops for just \$150 per day (Regularly \$175-\$200) as their way of giving back to our community in the aftermath of Hurricane Michael.*



*About the Instructor - Brett A. Pace, MA, LMT*

*and Personal Life Coach (MA10284 /FL Provider #50-1930) <http://www.brettapace.com/>*

Brett received his bachelor's degree in Psychology from Florida State University and then went on to study Massage Therapy at the Swedish Institute in New York City. Brett has been an instructor at the CORE Institute in Tallahassee, FL since 1990 teaching Physiology, Massage History & Theory, Medical Massage, and Business practices. As he pursued his continuing education, he studied Myofascial Release with John Barnes, Orthopedic Assessment with Whitney Lowe, and he became certified in Neuromuscular Therapy with Judy Walker-Delaney. Since 1994, he has been teaching continuing education classes throughout the U.S. and Europe for groups like AMTA, FSMTA, and the Florida Chiropractic Association. In the summer of 2014, Brett finished his Master's in Positive Psychology and now also serves as a Life Coach for his clients.

Brett has been a member of the AMTA and FSMTA, and has held different offices at the state level, including Chapter President and Insurance Reimbursement Committee Chair. He served on the National Certification Board as a Test Item Reviewer during the process of creating national standards of practice which resulted in the production of the National Certification Exam. He was also a contributing editor for Mark Beck's new edition of Therapeutic Massage. Brett has had the opportunity to work in a variety of settings, such as a chiropractor's office, a gym, a massage school clinic and a large clinic that he and his wife, Jenny, ran together. He currently has a full-time practice in Tallahassee and has written a handbook for LMTs on fibromyalgia syndrome and a correspondence course on insurance reimbursement. His current projects include books and workshops for professional ethics for massage therapists and the reduction of medical errors.

### *Course Description*

Course description: medical massage workshops teach participants how to use massage techniques to treat common medical conditions. Step-by-step treatment protocols will be demonstrated and practiced for these conditions. My belief is that muscular dysfunction progresses along a continuum, beginning with injury and the associated inflammation, and ending with adhesions and limits in functioning. You will learn how to separate tissues that have become adhered and restore a more optimal level of function. We will discuss the etiology, relevant anatomy, symptoms and treatment options for these conditions. What makes these workshops different is that you will learn actual treatment protocols for these conditions. Other medical practitioners have treatment protocols for their procedures and now you can too. Having a specific protocol allows you to proceed confidently with treatment and achieve more consistent positive results.

**ALL WORKSHOPS ARE \$150 / 8 CEU's**

**9:00AM - 5:30PM**

**To register, please call Soothing Arts Healing Therapies (850) 269-0820**