

*“Our bodies possess a complexity and intelligence that we need to pay attention to and learn from...”*



### About the WholeBody View and Dan McGovern

WholeBody View is a natural and innovative approach to movement leading to greater specific and overall function and well being. We are naturally designed and organized to move as a whole body. When we move in this open and natural manner it diffuses stress and effort throughout our entire structure, immediately allowing for a sense ease and freedom. Anything less than a whole body approach to movement is what Dan refers to as “segmenting,” which is inefficient and stressful. Segmenting establishes movement patterns that lead to neuromuscular dysfunction and therefore potential injury. Professional assistance or guidance is often needed with the process of changing these patterns back to a natural sense of comfort, ease and efficiency.

This simple yet profoundly effective approach was developed by Dan McGovern, a movement therapist with over twenty years of practical experience. His professional practice includes working with those living with Parkinsons, Dystonia, MS, and other neurological and/or movement disorders. Dan also works with those experiencing mild to severe neuromuscular restriction, discomfort and pain.

In addition to his private practice, Dan is also an Approved CE Provider for the State of Florida Board of Massage Therapy and the National Certification Board for Therapeutic Massage & Bodywork (NCBTMB). Dan teaches Continuing Education in the State of Florida throughout the year. He also offers the Wholebody View Certification Program, designed for physical, occupational and massage therapists.

His teaching schedule has taken him throughout Europe and the United States. Dan has lived and worked in the Greater Boston and New York City metropolitan areas and is now living, working and teaching in Southern Florida.

FSMTA Sugar Dunes Chapter Meeting / October 9, 2018 (2 CE) 7 PM – 9 PM

“Introduction to the WholeBody View”: (A Technique Seminar)

Free to Members / \$30 Non-Members

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- **FSMTA NEW MEMBER RECRUITMENT**

October 9, 2018 / FREE (2 CE) Lecture & Demonstration / 10:30 AM – 1:00 PM