



The Trager® Approach

Movement Education - Body/Mind Integration

*Gentle Effective Life-Changing*



## **INTRODUCTORY WORKSHOPS**

*Available to Massage Therapist and Public*

### *An Introduction to the Principles of Psychophysical Integration & Mentastics*

FL Course #: 20-5788

*Aug 24<sup>th</sup> & 25<sup>th</sup> / 9:30am-4:30pm*

*Soothing Arts Healing Therapies School of Massage*

*\$100 for one day - 6 CEUs / \$175 for both days - 12 CEUs*

***Instructor:***

***Marsha Lynne Fortner, LMT***

FL Provider #:50-2061/NCBTMB Provider #: 021518-00

*This workshop fulfills prerequisites for level 1 training!*

*Marsha Lynne will explore an easy and fun way to model the principles of the Trager Approach. You will leave with the tools to enhance your own practice with greater ease and less effort. It includes self-care techniques for you and your clients! Join us for a great weekend!*

***TO REGISTER CONTACT: 850-269-0820***